

Enrichment Classes at the

January - May 2019

PRESCHOOL AND SPORTS & WELLNESS CLASSES

MONDAYS

JANUARY 14 – MAY 13 (15 weeks No class 1/21, 2/18, 4/22)

				Location
12:00 - 12:45 pm	Mini Chefs*	ENR3912	\$282	Zale Classroom
1:00 - 1:45 pm	Mini Chefs*	ENR 3900	\$282	Zale Classroom
2:30 - 3:15 pm	Mini Chefs*	ENR 3902	\$282	Zale Classroom
2:30 - 3:30 pm	Soccer**	ENR 54001	\$270	Sports & Wellness Bldg
3:30 - 4:15 pm	Mini Chefs*	ENR 3903	\$282	Zale Classroom
3:35 - 4:35 pm	Soccer**	ENR 54001M	\$270	Sports & Wellness Bldg

REGISTRATION STARTS FRIDAY, DEC 21 12:01 AM

Register online at levisjcc.org/enrichment.

TUESDAYS

JANUARY 15 – MAY 14 (17 weeks No class 4/23)

				Location
2:30 - 3:15 pm	Zumba & Hip Hop*	ENR3955	\$289	Zale Classroom
2:30 - 3:30 pm	Basketball**	ENR54001	\$323	Sports & Wellness Bldg
2:30 - 3:30 pm	Ballet**	ENR 5433	\$306	Group Exercise Studio
3:35 - 4:35 pm	Ballet**	ENR 5434	\$306	Group Exercise Studio
3:35 - 4:35 pm	Basketball**	ENR54001B	\$260	Sports & Wellness Bldg STARTS FEB 20

WEDNESDAYS

JANUARY 16 – MAY 15 (16 weeks No class 3/27, 4/24)

				Location
12:05 - 12:35 pm	Superstars*	ENR5466	\$256	Sports & Wellness Bldg
1:00 - 1:45 pm	Superstars*	ENR5666	\$256	Sports & Wellness Bldg
2:30 - 3:15 pm	Ooey Goey Science*	ENR 3904	\$298	Zale Classroom
2:30 - 3:30 pm	Tennis**	ENR 5472	\$304	Sports & Wellness Bldg
2:30 - 3:20 pm	Swimming**	ENR5463	\$247	Swimming Pool STARTS FEB 6
3:35 - 4:20 pm	Swimming**	ENR5464	\$247	Swimming Pool STARTS FEB 6
3:35 - 4:35 pm	Tennis**	ENR 5470	\$304	Outside/Tennis Courts

THURSDAYS

JANUARY 17 – MAY 16 (17 weeks No class 4/25)

				Location
2:30 - 3:15 pm	Israeli Movement*	ENR 3905	\$289	Zale Classroom
2:30 - 3:30 pm	Supersports**	ENR 5422	\$306	Sports & Wellness Bldg
2:30 - 3:30 pm	Yoga**	ENR 5416A	\$306	Group Exercise Studio
3:35 - 4:35 pm	Yoga**	ENR 5416B	\$306	Group Exercise Studio
3:30 - 4:15 pm	Israeli Movement*	ENR 3906	\$289	Zale Classroom
FOR K-5TH GRADE (13 weeks No class 2/14, 3/7, 3/21, 4/18, 4/25)				
3:40 - 4:40 pm	Soccer (K-5th grade)	ENR54001D	\$260	Outside Soccer Field

FRIDAYS

JANUARY 18 – MAY 17 (15 weeks No class 2/15, 4/19, 4/26)

				Location
2:30 - 3:15 pm	Shabbat Rocks*	ENR 3961	\$270	Zale Classroom

No drop outs will be accepted after the second week of enrichment classes as refunds will not be provided.

* Open to children enrolled in Levis JCC Zale's 2-year old, 3-year old and Pre-K programs. Zale classes are 45 minutes.

** 3-year olds and up. These classes are open to the community.

See class descriptions on the back of this flyer

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COURSE DESCRIPTIONS

BALLET WITH MISS SARA

Dancers leap and twirl through the basics of ballet as they are introduced to the concepts of grace, line, posture, stretch and creative improvisation. Basic elements of ballet warm-ups and traveling steps are taught in a developmentally appropriate way. Children must be toilet trained – no diapers. Minimum 5, maximum 12.

BASKETBALL - POWERED BY PERSEVERANCE

Strives to teach the game of Basketball using a unique instrumental style, with age appropriate curriculum. Children must be toilet trained – no diapers. Minimum 6, maximum 20.

ISRAELI MOVEMENT & MORE WITH MISS MAYNU

Fun movement activities and Israeli dances combined with Hebrew music will help develop gross motor skills, Coordination and balance. Minimum 8, maximum 15.

MINI CHEFS

Children measure, mix, pour, and stir their own delectables while developing important skills such as math, language and science.

OOEY GOOEY SCIENCE

Explore and learn about science through hands-on sensory experiences!

SHABBAT ROCKS

Children join Miss Wendy, Charlie and Schnitzel each week on an interactive adventure as they experience their Jewish heritage.

SOCCER - POWERED BY INDIGOGAP

Boys and girls learn the skills of soccer through mini-games and drills. They will learn ball control, passing, shooting and much more! Children must be toilet trained – no diapers. Minimum 4, maximum 20.

SUPERSPORTS - POWERED BY INDIGOGAP

A sport development program for both boys and girls. Includes basketball, soccer, and relay races, with obstacle challenge course Children must be toilet trained - no diapers. Minimum 5, maximum 12. Sports & Wellness Building. Children must be toilet trained - no diapers. Minimum 5, maximum 12.

SUPERSTARS - POWERED BY INDIGOGAP

Children explore different sports including basketball, soccer, and movement games and learn the skills they need to succeed while having fun. Children must be toilet trained – no diapers. Minimum 5, maximum 12.

SWIMMING –

POWERED BY HAPPY SWIMMERS

Children will be taught essential safety and swimming skills. All Happy Swimmers instructors are Red Cross certified. Parents must be present to change their child after the class. If your child attends Zale Aftercare program, special arrangements can be made. Children must be toilet trained – no diapers. Minimum 3, maximum 8.

TENNIS – POWERED BY ALL-STARS PERFORMANCE SERVICES

This class is a fun introduction to tennis for the youngest tennis player using games to teach fundamental skills. Children must be toilet trained – no diapers. Minimum 4, maximum 10.

YOGA – POWERED BY LADYBUG YOGA

This class is very creative and lots of fun! Children develop strength, balance, flexibility, better focus and how to calm themselves down. Children practice breathing exercises, yoga poses and play fun games that incorporates the poses and always end with a special guided relaxation. Minimum 6, maximum 12.

ZUMBA & HIP HOP – POWERED BY MIZFIT

Innovative dance styles of Zumba and Hip Hop are set to popular music to ensure the children will be moving and grooving.

For more information about Zale enrichment classes contact Anita Schwartz,
561-852-3286, anitasa@levisjcc.org

For more information about Sports & Wellness enrichment classes contact Marsha Ismach,
561-852-3268, marshai@levisjcc.org