Our Palm Beach Health Network hospitals are open, safe and ready to care for you. The policies and standards we have implemented are working. We have safe and separate processes for covid and non-covid patients. Our staff are consistently trained on the latest recommendations and procedures.

As we see the number of COVID cases start to rise in our community, it is imperative to stress the importance of personal accountability. It is incumbent upon all of us to social distance, to wear a mask, to wash our hands and to practice good judgement. Stopping the spread of the virus is everyone’s responsibility.

As your trusted healthcare provider, we are here to help. Please join us in stopping the spread of COVID in your community by taking these simple steps:

- Wash your hands often – for at least 20 seconds with soap and water
- Use hand sanitizer
- Use a facemask at all times
- If you think you may have been exposed, self-quarantine away from others
- Avoid crowded places
- Maintain a 6 foot distance between you and the next person
- Avoid shaking hands
- Avoid touching your face – mouth, nose and eyes
- Clean and disinfect frequently touched objects and surfaces

If you are having symptoms and concerned that you may have covid, contact your physician right away or contact Palm Beach County’s COVID-19 Call Center–available 24/7 at 1 (866) 779-6121 or email COVID-19@flhealth.gov.

It is also critical to emphasize the importance of not delaying care. If you are in pain, contact your physician right away. If this is an emergent condition, call 911 or visit the ER. Your local EMS providers are trained in caring for you and they are ready. Neglecting the care that you need could result in your condition deteriorating further.

For further tips on how you can stay healthy, and to hear more about all of the safety protocols we have in place in the Palm Beach Health Network, please visit our websites below or check out our facebook pages.

Visit our website: Westbocamedctr.com or like us on Facebook/westbocamc
Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.

- Stay at least 6 feet (about 2 arms’ length) from other people.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands.
- When in public, wear a cloth face covering over your nose and mouth.
- Do not touch your eyes, nose, and mouth.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick, except to get medical care.
- Wash your hands often with soap and water for at least 20 seconds.

cdc.gov/coronavirus